





















African Caribbean Menu - Allergen Information

Key

	Suitable for a vegan diet		Does Not contain allergen		May Contain this allergen
	Not suitable for a vegan diet		Contains allergen		

At Leeds Teaching Hospitals Trust, we make every effort to ensure that clear and accurate allergen information is available to you, as required under the Food Information for Consumers regulations, concerning the 14 major allergens (Cereal, Crustaceans, Eggs, Fish, Peanuts, Soya, Milk, Nuts, Celery, Mustard, Sesame Seeds, Sulphur Dioxide, Lupin & Molluscs). Should you require information with regards to the specific ingredients of a dish, or allergens other than those listed, please discuss with a member of staff so that you can make an informed choice.

Meal Item Description	Normal day on menu	 Vegan Suitable	 Cereal inc Gluten	 Crustaceans	 Eggs	 Fish	 Peanuts	 Soya	 Milk	 Nuts	 Celery	 Mustard	 Sesame Seeds	 Sulphur Dioxide	 Lupin	 Molluscs	
Hot Main Selections																	
Ackees & Salt fish with white rice	All	×															
Jerk Chicken with rice & peas	All	×															
Brown Stew Chicken with Rice & Kidney Beans	All	×															
Brown Lamb Stew with rice & kidney beans	All	×															
Chicken Curry with white rice	All	×															
Mutton Curry with white rice	All	×															
Vegetables in a mild Caribbean sauce, white rice and green beans	All	✓															
Steamed Coley Fish with white rice	All	×															

