






Red Tray Higher Energy Snack Menu - Allergen Information

Key

	Suitable for a vegan diet		Does Not contain allergen		May Contain this allergen
	Not suitable for a vegan diet		Contains allergen		

At Leeds Teaching Hospitals Trust, we make every effort to ensure that clear and accurate allergen information is available to you, as required under the Food Information for Consumers regulations, concerning the 14 major allergens (Cereal, Crustaceans, Eggs, Fish, Peanuts, Soya, Milk, Nuts, Celery, Mustard, Sesame Seeds, Sulphur Dioxide, Lupin & Molluscs). Should you require information with regards to the specific ingredients of a dish, or allergens other than those listed, please discuss with a member of staff so that you can make an informed choice.

Meal Item Description	Normal day on menu	Vegan Suitable	Cereal inc Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide	Lupin	Molluscs
Higher Energy Snacks																
Cheese, Cream Crackers + Sunflower Spread	3pm & 8pm	×														
Cake of the Day- St Clement's Muffin	3pm & 8pm	×														
Cake of the Day- Strawberry & Chocolate Muffin	3pm & 8pm	×														
Cake of the Day- Chocolate Muffin	3pm & 8pm	×														
Cake of the Day- Jammy Oat Bake	3pm & 8pm	×														
Cake of the Day- Lemon Muffin	3pm & 8pm	×														
Giant Coconut Macaroon	3pm & 8pm	×														
Rice Pudding Pot	3pm & 8pm	×														
Custard Pot - Devon Custard	8pm	×														
Flapjack	3pm & 8pm	×														
Yogurt	3pm	×														
Banana Muffin (Replacement Product)	n/a	×														
White Chocolate Flapjack (Replacement Product)	n/a	×														
Milk Chocolate Flapjack (Replacement Product)	n/a	×														
Chocolate and Orange Cake (Replacement Product)	n/a	×														
Iced Lemon Cake (Replacement Product)	n/a	×														
Carrot Cake Slice (Replacement Product)	n/a	×														