




















Texture Modified Level 5 Lunch Menu - Allergen Information
















Key

	Suitable for a vegan diet		Does Not contain allergen		May Contain this allergen
	Not suitable for a vegan diet		Contains allergen		

At Leeds Teaching Hospitals Trust, we make every effort to ensure that clear and accurate allergen information is available to you, as required under the Food Information for Consumers regulations, concerning the 14 major allergens (Cereal, Crustaceans, Eggs, Fish, Peanuts, Soya, Milk, Nuts, Celery, Mustard, Sesame Seeds, Sulphur Dioxide, Lupin & Molluscs). Should you require information with regards to the specific ingredients of a dish, or allergens other than those listed, please discuss with a member of staff so that you can make an informed choice.

Meal Item Description	Normal day on menu	Vegan Suitable	 Cereal inc Gluten	 Crustaceans	 Eggs	 Fish	 Peanuts	 Soya	 Milk	 Nuts	 Celery	 Mustard	 Sesame Seeds	 Sulphur Dioxide	 Lupin	 Molluscs
Starter																
Pure Orange Juice	All	✓														
Hot Main Selections																
Vegetable & Lentil Casserole	All	✓														
Sausages in Onion Gravy	All	×														
Chicken in Rich Gravy	All	×														
Salmon Supreme	All	×														
Lamb Stew	All	×														
Desserts & Higher Energy Snacks																
Bakewell Sponge	All	×														
Chocolate Sponge & Custard	All	×														
Lemon Sponge & Custard	All	×														
Thick & Creamy Yoghurt (Smooth)	All	×														
Custard Pot - Devon Custard flavour	All	×														
Rice Pudding Pot	All	×														

Texture Modified Level 5 Evening Menu - Allergen Information

Meal Item Description	Normal day on menu	 Vegan Suitable	 Cereal inc Gluten	 Crustaceans	 Eggs	 Fish	 Peanuts	 Soya	 Milk	 Nuts	 Celery	 Mustard	 Sesame Seeds	 Sulphur Dioxide	 Lupin	 Molluscs	
Starter																	
Pure Orange Juice	All	✓															
Hot Main Selections																	
Chicken & Vegetable Casserole	All	×															
Fish in Mornay Sauce	All	×															
Beef Stew	All	×															
Cheesy Potato Bake	All	×															
Turkey in Gravy	All	×															
Desserts & Higher Energy Snacks																	
Syrup Sponge & Custard	All	×															
Mint Chocolate Sponge & Custard	All	×															
Lemon Sponge & Custard	All	×															
Thick & Creamy Yoghurt (Smooth)	All	×															
Custard Pot - Devon Custard flavour	All	×															
Rice Pudding Pot	All	×															