

Kosher Menu - Allergen Information

Key



Suitable for a vegan diet



Does Not contain allergen



May Contain this allergen



Not suitable for a vegan diet



Contains allergen

At Leeds Teaching Hospitals Trust, we make every effort to ensure that clear and accurate allergen information is available to you, as required under the Food Information for Consumers regulations, concerning the 14 major allergens (Cereal, Crustaceans, Eggs, Fish, Peanuts, Soya, Milk, Nuts, Celery, Mustard, Sesame Seeds, Sulphur Dioxide, Lupin & Molluscs). Should you require information with regards to the specific ingredients of a dish, or allergens other than those listed, please discuss with a member of staff so that you can make an informed choice.

Meal Item Description	Normal day on menu	Vegan Suitable	Cereal inc Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide	Lupin	Molluscs
Hot Main Selections																
Shepherd's Pie with Peas, Carrots & Sauerkraut	All	×														
Chicken Chasseur with Pilaff Rice, Peas & Corn	All	×														
Meatballs in Tomato Sauce with Pasta, Peas & Corn	All	×														
Steak Pie with Roast Potato, Peas & Sweetcorn	All	×														
Meat Lasagne with Mixed Vegetables & Spinach	All	×														
Spaghetti Neapolitan with Green Beans & Glazed Carrots	All	×														
Macaroni Cheese with Peas, Carrots & Baby Corn	All	×														
Vegetable Schnitzel on Fried Onions with Parisienne Potatoes &	All	×														
Roast Chicken with Roast Potatoes & Mixed Vegetables	All	×														
Fried Cod with Parisienne Potatoes & Continental Cabbage	All	×														
Grilled Plaice in Sauce with Sauté Potatoes & Ratatouille	All	×														
Desserts																
Fruit Jelly	All	✓														
Peach Melba	All	✓														
Apple Pie	All	×														
Apple Crumble	All	×														

