






Texture Modified Level 4 Lunch Menu - Allergen Information

Key	 Suitable for a vegan diet	 Does Not contain allergen	 May Contain this allergen
	 Not suitable for a vegan diet	 Contains allergen	

At Leeds Teaching Hospitals Trust, we make every effort to ensure that clear and accurate allergen information is available to you, as required under the Food Information for Consumers regulations, concerning the 14 major allergens (Cereal, Crustaceans, Eggs, Fish, Peanuts, Soya, Milk, Nuts, Celery, Mustard, Sesame Seeds, Sulphur Dioxide, Lupin & Molluscs). Should you require information with regards to the specific ingredients of a dish, or allergens other than those listed, please discuss with a member of staff so that you can make an informed choice.

Meal Item Description	Normal day on menu	Vegan Suitable	Cereal inc Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide	Lupin	Molluscs
Starter																
Pure Orange Juice	All	✓														
Hot Main Selections																
Hearty Chicken Casserole	All	×														
Roast Beef in Gravy	All	×														
Salmon in Dill & Cream Sauce	All	×														
Lentil Bolognese	All	×														
Omelette in Cheese Sauce	All	×														
Chicken Curry	All	×														
Traditional Roasted Lamb	All	×														
Chilli Con Carne	All	×														
Hearty Bean & Vegetable Casserole	All	✓														
Desserts & Higher Energy Snacks																
Bakewell Sponge	All	×														
Chocolate Sponge & Custard	All	×														
Lemon Sponge & Custard	All	×														
Thick & Creamy Yoghurt (Smooth)	All	×														
Custard Pot - Devon Custard flavour	All	×														

Texture Modified Level 4 Evening Menu - Allergen Information

Meal Item Description	Normal day on menu	Vegan Suitable	Cereal inc Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide	Lupin	Molluscs
Starter																
Pure Orange Juice	All	✓														
Hot Main Selections																
Chicken & Stuffing	All	×														
Tangy Lemon Chicken	All	×														
Beef Bolognese	All	×														
Really Cheesy Macaroni	All	×														
Salmon in Dill & Cream Sauce	All	×														
Beef Stew	All	×														
Lamb Rogan Josh	All	×														
Vegetable Curry	All	✓														
Hearty Bean & Vegetable Casserole	All	✓														
Desserts & Higher Energy Snacks																
Syrup Sponge & Custard	All	×														
Mint Chocolate Sponge & Custard	All	×														
Lemon Sponge & Custard	All	×														
Thick & Creamy Yoghurt (Smooth)	All	×														
Custard Pot - Devon Custard flavour	All	×														