

Breakfast Items Menu - Allergen Information

Key



Suitable for a vegan diet



Does Not contain allergen



May Contain this allergen



Not suitable for a vegan diet



Contains allergen

At Leeds Teaching Hospitals Trust, we make every effort to ensure that clear and accurate allergen information is available to you, as required under the Food Information for Consumers regulations, concerning the 14 major allergens (Cereal, Crustaceans, Eggs, Fish, Peanuts, Soya, Milk, Nuts, Celery, Mustard, Sesame Seeds, Sulphur Dioxide, Lupin & Molluscs). Should you require information with regards to the specific ingredients of a dish, or allergens other than those listed, please discuss with a member of staff so that you can make an informed choice.

Meal Item Description	Normal day on menu	Vegan Suitable	Cereal inc Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide	Lupin	Molluscs
Fresh Fruit Juice's																
Pure Orange Juice	All	✓														
Pure Apple Juice	All	✓														
Breads & Preserves																
White Sliced bread	All	✓														
Wholemeal Sliced bread	All	✓														
Gluten Free Sliced Loaf (Warburtons GF loaf)	All	✗														
Butter Portion	All	✗														
Sunflower Spread Portion	All	✓														
Marmalade portion	All	✓														
Strawberry Jam	All	✓														
Cereals																
Cornflakes (Harvest Home- gluten less than 20ppm)	All	✗														
Branflakes	All	✗														
Crisp Rice (Harvest Home- gluten less than 20ppm)	All	✓														
Weetabix	All	✓														
Readybrek	All	✗														
Porridge (Oatburst)	All	✗														

