Enhanced Recovery (ERAS) in Liver Surgery

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Getting better quicker, safer!

The ‘Enhanced Recovery Programme’ is about getting patients fit before surgery and safely speeding up the recovery time, as well as reducing the incidence of complications.

In order for the programme to succeed, patients have to actively participate in their own recovery by taking responsibility for certain aspects of their care and recovery.

The main focuses of the programme are:

- Prehabilitation & patient education
- Reducing the physical stress of the operation
- Structured approach to post-operative management
- Early mobilisation
- Early feeding
- Setting daily goals

We have a specialist team of surgeons, anaesthetists, clinical nurse specialists, dieticians, physiotherapists, nurses and clinical support workers, who work collaboratively to ensure the best care is given.

After implementation of the ERAS programme, so far we have safely managed to:

- Decrease in overall length of stay by: 28%
- Decrease length of stay for patients over 70 by: 35%
- Decrease post-operative complications by: 29%

The ERAS team are here to help you through your treatment. Please feel free to contact us on:

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