





















Multicultural Menu - Allergen Information

Key	 Suitable for a vegan diet	 Does Not contain allergen	 May Contain this allergen
	 Not suitable for a vegan diet	 Contains allergen	

At Leeds Teaching Hospitals Trust, we make every effort to ensure that clear and accurate allergen information is available to you, as required under the Food Information for Consumers regulations, concerning the 14 major allergens (Cereal, Crustaceans, Eggs, Fish, Peanuts, Soya, Milk, Nuts, Celery, Mustard, Sesame Seeds, Sulphur Dioxide, Lupin & Molluscs). Should you require information with regards to the specific ingredients of a dish, or allergens other than those listed, please discuss with a member of staff so that you can make an informed choice.

Meal Item Description	Normal day on menu	 Vegan Suitable	 Cereal inc Gluten	 Crustaceans	 Eggs	 Fish	 Peanuts	 Soya	 Milk	 Nuts	 Celery	 Mustard	 Sesame Seeds	 Sulphur Dioxide	 Lupin	 Molluscs
Vegetarian & Vegan Dishes																
Aloo Saag with Toor Dal & Plain Basmati Rice	All	✓														
Aloo Matter with Toor Dal & Plain Basmati Rice	All	✓														
Whole Brown Lentils with Bombay Potatoes & Basmati Rice	All	✓														
Aloo Gobi and Peas with Toor Dal & Plain Basmati Rice	All	✓														
Dal Makhani with Bombay Potatoes & Plain Basmati Rice	All	✗														
Aubergine, Peas, Potato with Toor Dal & Plain Basmati Rice	All	✓														
Okra Masala with Toor Dal & Plain Basmati Rice	All	✓														
Black Eye Beans with Mixed Vegetables & Basmati Rice	All	✓														
Tinda Channa Dal with Toor Dal & Basmati Rice	All	✓														
Meat and Fish Dishes																
Fish Masala with Whole Brown Lentils & Basmati Rice	All	✗														
Keema Pea with Red Lentils & Plain Basmati Rice	All	✗														
Mutton Jalfrezi with Channa Dal & Plain Basmati Rice	All	✗														
Meat and Fish Dishes																
Side Salad	All	✓														

Naan Bread	All	×																	
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