



**Blossom Clinic** 

for non pregnant survivors of FGM

Help with medical problems by FGM specialist midwives

Advocacy Doodidda Utetezi

Safe and confidential person to talk to Mahali salama

تكون آمنة

Referral to other support



Support for you

الحصول على

Hope Matumaini Ballal

Jooji

Talk to us تَحَدُّث

**Ahcein Soningoul** 

Make a difference

## **National Female Genital Mutilation Support Clinics**

The clinic is for non-pregnant women and offers a one-stop service for women who have undergone and/or are experiencing problems as a result of Female Genital Mutilation (FGM). The clinic offers a relaxed and safe environment for you and you can bring your friends or family with you for support.

The clinic offers support for people who have physical and/or psychological health issues as a result of FGM.

Our aim is to improve the uptake of emotional support and to ensure that you have the support from another woman (the health advocate) to come forward and have medical examinations that could lead to helpful procedures for you.

Clinic days are Tuesdays, every two weeks by appointment only

# Introducing the team from Leeds Teaching Hospitals NHS Trust



Andrea Taylor Specialist FGM Midwife



Nicole Ackie Specialist FGM Midwife

## **Introducing the Touchstone Team**

Touchstone is the charity partner for the National Female Genital Mutilation Support Clinic in Leeds.

- TOUCHSTONE
  Inspiring communities, transforming lives
- Touchstone provides a range of innovative services that improve health and wellbeing.
- Touchstone is strongly committed to equality, independence and choice.
- Touchstone's services are shaped by the needs of service users.
- Touchstone staff are committed, resourceful and knowledgeable. They reflect the multi-cultural community in which Touchstone operates.



Hawa Bah Advocate

#### **Contact us:**

Monday 9am-5pm Tuesday 10am-6pm

You can speak to our advocate and book an appointment by telephoning: **07824 580988** 

Email: leedsth-tr.blossomclinic.fgm@nhs.net

#### What we offer

- One to one initial support session
- Up to six sessions of 1 to 1 counselling
- Help accessing other services
- A safe place
- Confidential environment
- Trauma based approach
- Emotional and practical help
- Advocacy
- Peer support
- Support attending appointments and dealing with professionals
- Building confidence and self esteem
- Community engagement to meet survivors and potential victims
- Cultural awareness
- Sensitivity
- Other languages spoken
- Assessment and diagnosis
- Cervical screening/smear tests
- Treatment if requested/needed

### If you think any girl is at risk contact the NSPCC FGM helpline

Telephone: 0800 028 3550 Email: fgmhelp@nspcc.org.uk

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