

Ward J83 walking route – Short (4–6 minutes | 50 m)

Great Escape



Everyone needs some fresh air, and this is the fastest way to get some.

A short indoor walk to the reception of Lincoln wing will give you just that.

Accessibility

Smooth hospital corridors, no steps, curbs or inclines. Vending machines at reception or benches just outside if you would like some fresh air. Railings all along the route and toilets along the main corridor too. Doors into the reception area can be a little heavy, don't be afraid to ask a passer-by for a hand.

Step & Distance Information

Speedy walking pace	68 steps	Walking time approx. 4 minutes	50 metres distance covered
Comfortable walking pace	92 steps	Walking time approx. 6 minutes	50 metres distance covered

Helpful Information

- ✓ Seating
- ✓ Hand rails
- ✓ Male and Female Toilets
- ✓ Windows
- ✓ Suitable for a drip stand
- ✓ Noise levels can be low
- ✓ The surfaces are smooth
- ✓ **NO stairs**
- ✓ **NO inclines**
- ✓ **NO curbs**

Walking Route Directions

1. **Start point.** Turn left out of the main ward entrance.



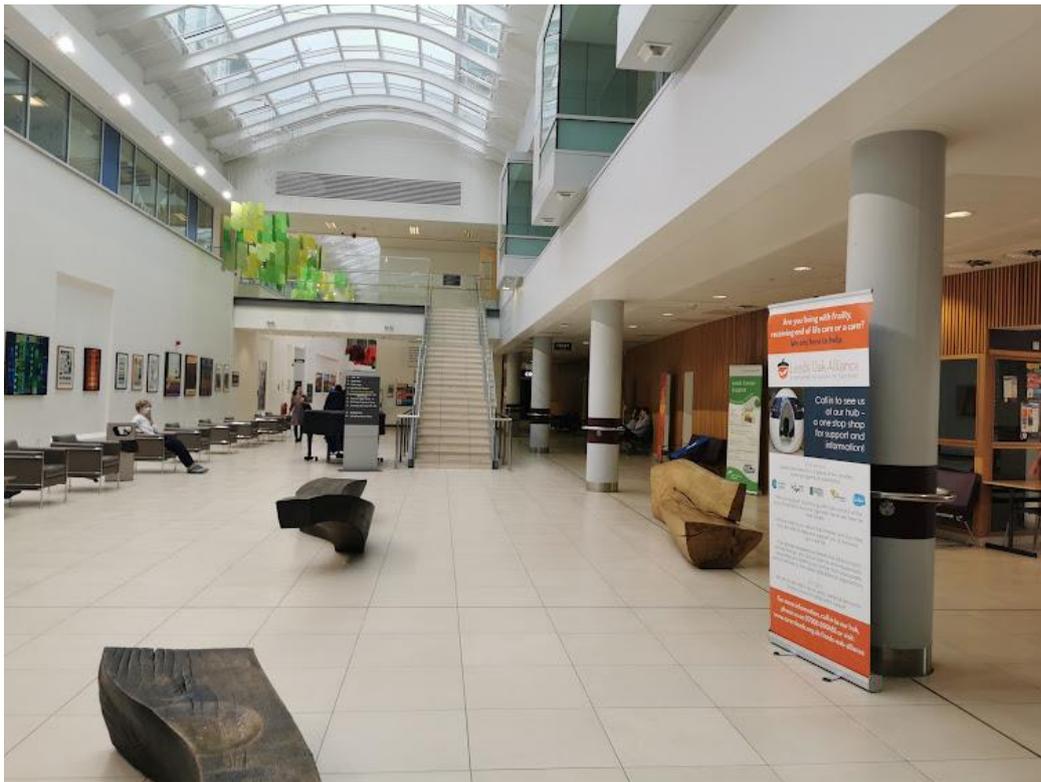
2. Walk a short distance down the corridor until you reach the green lift on your right.



3. Take the green lift down to level 0.



4. You will find yourself in the Bexley wing atrium. Have a seat on one of the many chairs and benches or have a wander around.



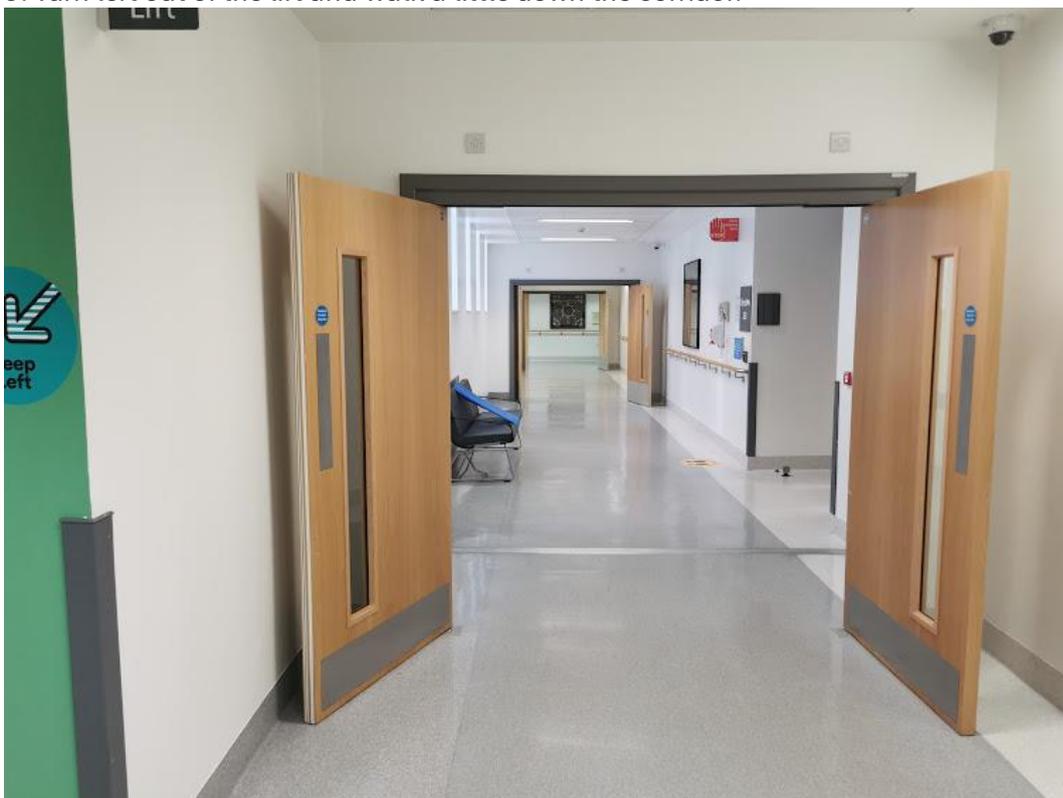
5. There is a cafe at the end of the room on your right.



8. Take the green lift up to level 2.



9. Turn left out of the lift and walk a little down the corridor.



Finish point. 10. Return to the ward through the doors on your right.



Ward Contact Details

General Surgery and Transplant (J83)

Wing: Bexley Wing

Floor: 2

Visiting times: 2 pm – 8 pm

Contact number: [0113 2069183](tel:01132069183)