

Newsletter

Brotherton Wing Clinic

June 2026

Welcome

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As spring moves into summer = bluer skies, warmer weather and lighter nights it seems the perfect time to re-introduce our Brotherton Wing Clinic Newsletter. It has been a while since our last update, and a lot has changed since September 2023. We have sadly said goodbye to a few members of staff including Jane Brown who retired in June 2025 and Rob White who moved services in February 2026. We have also welcomed quite a few new staff members to the BWC team who we will be introducing in these newsletters going forward. We have also had lots of new BWC service users accessing the service with over 2,500 people currently visiting our clinics across Leeds, Dewsbury and Wakefield.

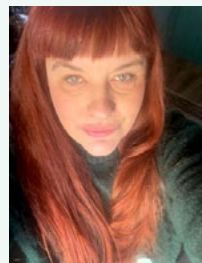
Meet our Health Advisors:

Karina and Angela have been working as Health Advisors at BWC since October 2024.

You can refer yourself to the Health Advisors or a member of the team may arrange for you or a partner to meet with the Health Advisors after your appointment for further support.

If you do not feel comfortable booking an appointment at the desk, please email:

leedsth-tr.bwccnsteam@nhs.net



Karina



Angela

BWC Webpage

www.leedsth.nhs.uk/services/hiv-outpatient-service/

You can also find us via Google "HIV Services Leeds"



BWC 2024 service user satisfaction survey results in brief

375 service users completed our last BWC survey = 15% of all of our service users. Thank you to everyone who took part. We really value all your thoughtful feedback, comments and suggestions.

98% of service users said that they would encourage other people living with HIV to use this service and 98% said that they had high/very high confidence and trust in the BWC doctor/nurse that they were seen by.

We will be taking part again in the national 'Positive Voices' survey this year which is due to start very soon.

Young Adults Clinic

Young Adults Clinic (YAC) on 1st July 2026

YAC is held four times a year. Spring YAC was held on 1st April and Summer YAC will be on 1st July so keep your eyes peeled for a leaflet coming soon!

This service is for our patients aged 25 and under to meet other young people living with HIV and to catch up! (Plus, there's food 😊)

Injectable Therapy FAQs:

> NICE have approved the use of injectable HIV treatment consisting of intramuscular injections for Cabotegravir & Rilpivirine. This therapy is now well established at the Leeds BWC Clinic.

> The long-acting treatment is a combination of 2 antiretroviral drugs called Cabotegravir and Rilpivirine.

> Therapy is administered every 2 months after the initial monthly injections. **It is important that you can commit to 2 monthly appointments.**

> The injections must be administered in the upper, outer buttock muscles (both buttocks) and are administered by a member of our nursing team at the Leeds Clinic. It is common that the injection site is painful for a few days afterwards but this gets easier with time.

> If you are interested in injectable treatment, it is important you discuss it with your Clinician. Unfortunately, injectable treatment will not work for everyone and so this needs to be discussed at a meeting with Drs, Nurses and Pharmacists before a decision is made.

> There are 2 ways to start this treatment: either taking cabotegravir and rilpivirine tablets first, for at least 28 days, or go directly to receiving long-acting injections. You and your doctor/nurse will decide which option is best for you.

Please scan the QR for more information or speak to your doctor/nurse about your options:



https://viivexchange.com/content/dam/cf-viiv/viivexchange/en_GB/pdfs/ni-v-r-patient-welcome-and-support-brochure-electronic-version.pdf

Consent conversations and Get Tested LeEDs

Re-Consenting: At your next appointment we may rediscuss how your HIV treatment and care records are stored. Our updated information leaflets are available to read from reception before your appointment.

Important to note: Whatever you decide, we cannot control what other clinics and hospital services record on your hospital record.

Get Tested LeEDs is a programme of opt-out testing for bloodborne viruses (BBV) in emergency departments (EDs) at Leeds Teaching Hospitals Trust. This means that most patients aged 16 and older who require a blood test in Leeds Eds will now also be tested for HIV, hepatitis B and hepatitis C. As this is an opt-out programme **you must tell staff if you do not want a HIV Test.**

Your Sexual Health:

As part of your annual review appointment, we will offer you a sexual health screen linked to Leeds Sexual Health (LSH) / Spectrum / Locala. Your results will be received via text message. For other aspects of Sexual Health care, you will need to contact your local sexual health service.

Leeds Sexual Health is based in Beeston:

123 Cemetery Rd, Beeston, Leeds LS11 8LH

Tel: 0113 843 4495 Web: www.leedssexualhealth.com



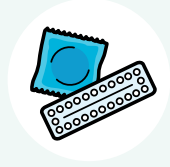
Sexually Transmitted Infections (STIs)

We offer STI screening and treatment. You can also find lots of useful information about the most common STIs on our [digital hub](#).



Pregnancy Testing

We offer pregnancy testing across Leeds. We also work with some pharmacies across Leeds who can offer this. Find the nearest pharmacy who can do this on our [digital hub](#).



Contraception

We offer advice, information, fitting and prescriptions for lots of different types of contraception including long and short acting options.

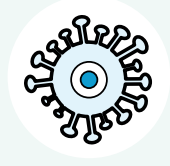


Emergency contraception

If you need emergency contraception, you can call us.

It's best to act quickly after having unprotected sex (within the first 24 hours). However, there are forms of emergency contraception that can be used for up to five days after.

You can also access emergency contraception from your GP, or free of charge from some pharmacies on your behalf of Leeds Sexual Health. You can find a list of these pharmacies on the service finder on our digital hub - please do not wait.



HIV testing, PEP and PrEP (HIV prevention and treatment)

We offer HIV testing, prevention and treatment medication. These are called PEP (Post Exposure Prophylaxis) and PrEP (Pre-Exposure Prophylaxis).

Digital Hub



www.leedssexualhealth.com